



## Current Online Meetings in Heroin Anonymous

Please note that while this list is updated regularly, we rely on the meetings and areas to provide us with updated information. If there are meetings that are not up-to-date, or if you don't see your meeting listed here, please e-mail the webmaster committee at [hawswebmaster@heroinanonymous.org](mailto:hawswebmaster@heroinanonymous.org)

| DAY | TIME    | TIME ZONE | HOST STATE    | MEETING NAME & TYPE                        | CONTACT                         | LINK<br>(numbers at end of link are meeting id)   | PASSWORD     |
|-----|---------|-----------|---------------|--|---------------------------------|---|--------------|
| Sun | 5:00 PM | PST       | Oregon        | Freedom from Dark                          | Melissa (458) 292-7867          | <a href="https://us02web.zoom.us/j/8396312811">https://us02web.zoom.us/j/8396312811</a>   | No Password  |
| Sun | 6:15 PM | AZ        | Arizona       | Suffer Free Sunday                         |                                 | <a href="https://zoom.us/j/7509924996">https://zoom.us/j/7509924996</a>   | 802986       |
| Sun | 8:00 PM | CST       | Texas         | Dopeless Hopefiend                         |                                 | <a href="https://zoom.us/j/482226846">https://zoom.us/j/482226846</a>   |              |
| Sun | 9:00 AM | EST       | Maine         | Heroin Anonymous                           |                                 | <a href="https://zoom.us/j/93709212090?pwd=TXInOWwyY3FweDEyNG9FM0N4VmM3UT09">https://zoom.us/j/93709212090?pwd=TXInOWwyY3FweDEyNG9FM0N4VmM3UT09</a> | PrCc20       |
| Sun | 8:00 PM | PST       | Washington    | A New Direction<br>(Candlelight Hybrid)    | Alexander<br>(971) 220-4004     | Meeting ID: 815 5233 2401   | No Password  |
| Tue | 7:00 PM | PST       | Oregon        | Sunlight of the Spirit<br>(WOMEN'S MTG)    |                                 | <a href="https://us04web.zoom.us/j/6661431439">https://us04web.zoom.us/j/6661431439</a>   |              |
| Tue | 9:00 PM | CST       | Texas         | Dark Side of the Spoon                     | Seth (360) 763-1848             | <a href="https://zoom.us/j/4206969512">https://zoom.us/j/4206969512</a>   | club101      |
| Mon | 8:30 PM | EST       | New Jersey    | The Getting Well Group<br>(Big Book Study) | Sahar (856) 220-9961            | <a href="https://us06web.zoom.us/j/4171643651">https://us06web.zoom.us/j/4171643651</a>   | getwell      |
| Wed | 5:00 PM | EST       | Indiana       | Rise of the Renegades                      | Nikki (317) 969-1868            | <a href="https://us02web.zoom.us/j/6163023170">https://us02web.zoom.us/j/6163023170</a>   |              |
| Wed | 6:00 PM | CST       | Texas         | A Way Out                                  |                                 | <a href="https://us05web.zoom.us/j/3369868691">https://us05web.zoom.us/j/3369868691</a>   | s5tBp9       |
| Wed | 7:00 PM | EST       | New York      | Recovery Rocks                             | Robert (518) 307-7551           | <a href="https://zoom.us/j/602686511">https://zoom.us/j/602686511</a>   | Kittlecrumb1 |
| Wed | 8:00 PM | EST       | Indiana       | Hope After Dope                            | HAIN Hotline:<br>(317) 741-1402 | <a href="https://us02web.zoom.us/j/85646366455">https://us02web.zoom.us/j/85646366455</a>   | 12345        |
| Thu | 7:00 PM | EST       | New York      | Comeback Kids<br>(Open LGBTQIA+ Mtg)       | Hotline: (631) 210-6297         | <a href="https://zoom.us/j/4441387459">https://zoom.us/j/4441387459</a>   | No Password  |
| Fri | 5:00 PM | EST       | New Hampshire | Dope Free or Die<br>(Speaker/Discussion)   | Chris (603) 717 8313            | <a href="https://zoom.us/j/94109671181">https://zoom.us/j/94109671181</a>   | No Password  |
| Fri | 7:00 PM | AZ        | Arizona       | Broken Chains                              | Spenser D.<br>(602)-394-0335    | <a href="https://zoom.us/j/86933083115">https://zoom.us/j/86933083115</a>   | break it     |
| Fri | 7:00 PM | CST       | Texas         | HA-HA                                      | Austin S. (817) 692-8044        | Meeting ID: 84326612952   | 585311       |
| Fri | 9:00 PM | CST       | Texas         | Dark Side of the Spoon                     | Seth (360) 763-1848             | <a href="https://zoom.us/j/774220692">https://zoom.us/j/774220692</a>   | club101      |
| Sat | 2:00 PM | EST       | New York      | High Tea<br>(Women's Meeting)              | LINY Hotline:<br>(631) 210-6297 | <a href="https://zoom.us/j/4441387459">https://zoom.us/j/4441387459</a>   | No Password  |
| Sat | 7:30 PM | EST       | New York      | Freedom from Suffering                     | LINY Hotline:<br>(631) 210-6297 | <a href="https://zoom.us/j/4441387459">https://zoom.us/j/4441387459</a>   | No password  |

In service and gratitude,

The H.A. World Services Outreach Chair and Webmaster Committee