



H.A.W.S. **MAINLINE**

Heroin Anonymous World Services
Monthly Bulletin

- - -

This informational bulletin's purpose is to increase communication between the groups of Heroin Anonymous throughout the world.



JUNE **2023** ISSUE



Photo by: [Timmosholder](#)

Happy Summer and Happy Conference Season from the H.A. World Services Board!

Here is some information to help you stay up to date with all things Heroin Anonymous. For those of you Mainline subscribers that are new, the HAWS board is compiled primarily of H.A. members who meet monthly to tend to H.A. business throughout the year.

Contact The Mainline Bulletin:

*All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org*

Bookmarks/Merchandise/Art Request: H.A. World Services has produced its first ever H.A. World merchandise... bookmarks! These limited edition designs are available now at \$3 per bookmark. Head to www.HeroinAnonymous.org/Order to snag some! We have a request for artists or artsy heroin addicts: please send any merchandise ideas or designs to Merchandise@HeroinAnonymous.org.

2023 HAWS Conference: The official 2023 Heroin Anonymous World Service Conference dates are July 12-14th in Phoenix, Arizona. More information is at www.HeroinAnonymous.org/Conference. Come represent your area! E-mail HawsOutreach@HeroinAnonymous.org with any questions.

Virtual Meetings: *Do you want to attend an H.A. meeting 1,000 miles away from your very own couch? Do you find it interesting to hear heroin addicts from another region share their experience, strength, and hope?* We have close to 30 active zoom meetings in 10 different states! Go to our world website, click meetings, and click the link for online meetings. Make sure to convert the time zone! Email HawsWebmaster@HeroinAnonymous.org if you notice any inaccuracies or want to add a meeting.

HAWS Positions: Looking for more involvement with H.A.? Then service with the HAWS board may be right for YOU! Our nominations committee is continuing to screen applications, interview, and recommend candidates to join the board. If you are interested in the following positions, please send service resumes, references, and inquiries to: HawsSecretary@HeroinAnonymous.org.

- **Non-Addict Advisor:** This is someone who is not a member of H.A. They may be an expert in recovery fellowships, non-profits, or possess various business skills that they wish to volunteer for the good of H.A.

Contact The Mainline Bulletin:

All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org

-
- **Heroin Addict Advisor:** This is someone who is a member of H.A. This person will utilize their experience with H.A. and 12-Step service to advise the board.
 - **Public Information Chair:** This position is for a member of H.A. who will work with public information at the world level. The efforts of Public Information can be best summarized as taking actions to increase the general population's awareness and accessibility of Heroin Anonymous.

In loving service,

Anna A., HAWS Outreach Chair

HawsOutreach@HeroinAnonymous.org

A BEAUTIFUL OPPORTUNITY

Interview: Kirstin K. Birmingham, AL.

We at the Mainline wanted to get an idea of what it looks like to be a delegate. We had the pleasure of interviewing Kristin K. from Birmingham, Alabama this month!

Hey Kirstin! Tell us what area you are serving and what your responsibilities are to your area as a delegate.

I love Alabama H.A. and would truly do anything to help it grow. One of my responsibilities as one of the two delegates for our area is to

show support to our local meetings. Additionally I get to bring Alabama's voice to conference and to relay what was voted on and discussed at conference back to our area.

Does your area have anything special going on in the near future, or anything noteworthy you would like to mention?

We have a lot of events throughout the year, the next upcoming one is our 4th of July event. We will hang

Contact The Mainline Bulletin:

All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org

out in the parking lot of one of our clubhouses, grill food, play spades, have a meeting, and then watch fireworks! Allegedly there will be a chocolate fountain there as well as a sundae bar.

Some people may not know, but all delegates should also serve on a conference committee! Can you tell us what committee you are on and in what capacity you serve on that committee?

I serve on the H&I committee! I am just a voting member of the committee, I contribute my thoughts and ideas to help push the agenda of our committee forward!

What is the hardest part of this service position? What is your favorite part?

The hardest part is trying to make sure everyone's voice is heard when we are having our area meetings and discussing submissions, etc. My favorite part is the awesome feeling of being able to represent my area at our world conference. It really puts how beautiful this fellowship is into perspective.

Do you have any advice for someone considering becoming a delegate or joining your committee?

It's a beautiful opportunity to become a delegate and be able to bring the voice of your area to conference. It is also very heartwarming to meet some of the most beautiful people in H.A. I think if you are given the opportunity, you should take it. Allow yourself to grow, and allow H.A. to grow. It can be tiring during certain parts of the year, but worth it.

Is there anything else you would like to say to our readers?

Don't take yourself so seriously, it'll all work out the way it's supposed to. Thank you for the opportunity to be interviewed! Super excited to watch this fellowship grow!

-Kirstin K.

- - - - X

Contact The Mainline Bulletin:

All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org

THE BANK OF CAROLYN

Tradition Twist: Carolyn K. West Haven, CT.

"An H.A. group ought never endorse, finance, or lend the H.A. name to any related facility, or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

This Tradition speaks to me about building and using the group's treasury, as well as the name of the group itself. Our local membership is very small. It will take us a very long time to see any effects of this Tradition in our area.

We have been around for three and a half years. In that time, we have just been surviving on our original advertising of the new fellowship in Connecticut. We are just now starting a new PI push. We printed flyers and we divided them up amongst the group to deliver them to appropriate locations where we would be able to find "the heroin addict who still suffers."

When I look at this Tradition in my personal life, I see it as, "Carolyn ought never loan money or act the 'big shot' with anyone," lest

resentments of, "When am I getting my money back," and thoughts of,

"I'm better than you," divert me from my primary purpose of helping another person and staying happy, joyous, and free.

I used to feel like the Bank of Carolyn. Many of my friends in recovery would borrow money from me. I had a tracker of who owed me how much money. I really don't like asking people to pay me back what they owe me. It makes me uncomfortable.

Recently, there were three people who owed me various sums of money. I was getting angry and frustrated with them for being very slow to repay – as in not trying or advising me when it would be repaid. The first person continuously borrows money, \$10 here, \$30 there. It would take months to get anything back.

The second person, I loaned money for concert tickets, fully expecting to be paid back in a week. I did get most of this money, but \$40 remained unpaid.

Contact The Mainline Bulletin:

All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org

Resentments were growing toward both people. I am resentful toward them for not repaying me, and I am resentful at myself for loaning the money to begin with. My primary purpose in my life is to follow the Steps and Traditions to remain happy, joyous, and free - and because I feel this way, I can be of service helping another person. My primary purpose was being affected. Whenever these debts crossed my mind, my feelings were hurt. I felt used. I felt taken advantage of. I felt bad. Resentments are here. Now what?

I took these financial issues through the steps. I came to the conclusion that my friendships with these folks, as well as my feelings about myself (self-talk), are much more important than the \$70 in question. I talked with my husband, and we concluded to erase the debts. For the first person, I advised her that she doesn't owe me the money anymore. It was about four months without any payment or word. She then stated that she would pay, but I said it wasn't necessary. For the second person, I let him know that

I'm not going to worry about the \$40 anymore.

Now, I'm free from these debts. I don't have to have anger, resentment, or any other bad feeling in my heart about anything.

What did I learn? I would like to say I don't loan money out anymore. That is not the case. The first person needed a financial favor of \$15 from me after I forgave the original amount. Before I agreed to do anything, there was a plan for me to get the money back. Loaned and repaid in the same day.

Getting these issues in order, for me, allowed me to help myself and these two other people. I can now return to being happy, joyous, and free!

-Carolyn K.

- - - - X

Contact The Mainline Bulletin:

All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org

H.A. World Convention 2024

A Score of HA

Buffalo, NY

UPSTATE NY AREA OF HEROIN ANONYMOUS IS HONORED TO BE SELECTED TO HOST THE HAWS CONVENTION! IT WILL NOT ONLY BE HA'S BI-ANNUAL WORLD CONVENTION, BUT ALSO 20 YEARS (A SCORE) OF HA (2004-2024)!

DATE AND LOCATION TBD.

Stay Tuned!

2024 H.A.W.S. Convention: ANNOUNCEMENT

The Program committee of the convention is looking for speaker tapes from the fellowship to find people to speak at the H.A. World Convention in 2024. If you, or someone you know, has a speaker tape, and want to submit it please email the following to

ConventionSpeakers@HeroinAnonymous.org:

- Audio file
- Name
- Area
- Contact method

We are looking forward to hearing from you!

Upstate New York Area of Heroin Anonymous Presents

A SCORE OF HA

H.A.W.S. Convention
Buffalo, NY
2024

X X X



If you would like your meeting featured in our meeting spotlight or have any other content you would like to submit, please feel free to contact us at haworldbulletin@gmail.com.

Thank you!
The Folks at The HAWS Mainline

Contact The Mainline Bulletin:

*All correspondence will be filtered by our H.A. bulletin committee at: haworldbulletin@gmail.com.
We can also be contacted through our website at: www.heroinanonymous.org*