



HEROIN ANONYMOUS

Heroin Anonymous (H.A.) is a fellowship of men and women who have found a better way of life, free from heroin addiction. Our fellowship is based on a twelve-step program of recovery. If you wish to join us, we are here to share what we have found. We are here to assist the next person seeking help with their own addiction.

As newcomers, we often feel lost and don't know how to live sober and are uncertain about what we should or should not do in order to recover. We are confused, scared, and typically have doubts about being able to stay sober. All of us who have recovered have experienced what you are going through at this time. Fortunately, there are others in Heroin Anonymous who can relate to your experience and are eager to help you find a new way of living. What we found that was most helpful, was to be guided by people who are grounded in the 12 Steps. These people can offer guidance, support, and direction so that you can learn how to cope with daily life and assist you in developing a life of freedom from heroin addiction.

TWELVE STEPS OF HEROIN ANONYMOUS

1. We admitted we were powerless over heroin - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We're entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to heroin addicts, and to practice these principles in all our affairs.



Heroin Anonymous
Get Connected Program
P.O. Box 91
Green Bay, WI 54305

Dear H.A. Friend,

Thank you for your interest in the **GET CONNECTED PROGRAM**. This service is provided by the H & I Committee of Heroin Anonymous. The program is intended for incarcerated heroin addicts who would like recovery and seek to **GET CONNECTED** to fellow addicts in the community who have recovered.

If you have decided you want recovery from heroin addiction and are willing to go to any length to get it, we will be here for you. This service is not intended for any use other than to **GET CONNECTED** to members in recovery. **This service does not provide letters of reference to parole boards, lawyers or court officials.**

Our **H.A. Responders** are willing to correspond with you through letters, sharing their experience, strength, and hope as it relates to their own recovery process through the **TWELVE STEPS**. If you have a willingness to **GET CONNECTED** to one of these members of Heroin Anonymous, please fill out the form below and return it to the above address. Members are randomly selected from local H.A. regions.

Yours sincerely,
H.A. Responders

I am interested in sharing the process of recovery with a fellow heroin addict by participating in the **H.A. GET CONNECTED** pen pal program.

Estimated Release Date:	
Housing Unit:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Name (First and Last)	
Inmate Number	
Facility Name	
Street Address	
City, State, Postal Code	
Language (if other than English)	
Gender Identity:	