

Finally Free (30 Seconds)

“I felt so ashamed, hopeless... Pretty much hated myself. I didn't want to keep shooting dope but I didn't really know how to stop for good. Then I ran into an old friend of mine who brought me to my first H.A. meeting. I met people there just like me, but they had actually found a way out of their suffering. They shared their experience with me and what worked for them, and later I found it worked for me too. Now, I'm finally free to be the guy I was meant to be.”

For more information, visit heroinanonymous.org and find a local H.A. meeting near you.