A Way To Live (30 Seconds)

"I didn't want to admit it at first, but it just got to a point where heroin stopped working for me the way I wanted it to. It felt more like I was doing it to survive at that point, and it was pretty much normal for me. So yeah, of course getting clean felt unnatural at first, but in Heroin Anonymous I got help from others who understood what I was going through. There, I discovered a way to live clean AND love my life again, and that's a miracle."

For more information, visit heroinanonymous.org and find a local H.A. meeting near you.