



Current Online Meetings in Heroin Anonymous

online meetings to maintain anonymity.

Please see the accompanying document that suggests various settings for

Please note that while this list is updated regularly, we rely on the meetings and areas to provide us with updated information. If there are meetings that are not up-to-date, or if you don't see your meeting listed here, please e-mail the webmaster committee at hawswebmaster@gmail.com.

Day	Time	Time Zone	Host State	Meeting Name	Format	Link	Password
Sun	6:00 PM	PST	Oregon	Freedom from Dark		https://us02web.zoom.us/j/8396312811	
Sun	6:15 PM	AZ	Arizona	Suffer Free Sunday		https://zoom.us/j/7509924996	802986
Sun	8:00 PM	CST	Texas	Dopeless Hopefiend		https://zoom.us/j/482226846	
Mon	6:30 PM	PT	Washington	Pussy Riot	Women's Meeting	https://us02web.zoom.us/j/8724828423	
Mon	8:00 PM	PST	Nevada	Countless Vein Attempts	Open Discussion	https://us02web.zoom.us/j/5334542274	
Mon	8:00 PM	CST	Wisconsin	Get to Steppin'		https://us04web.zoom.us/j/3308955186	Greenbayha
Mon	7:00 PM	EST	Indiana	Monday Night HA		https://us02web.zoom.us/j/82575487141	12345
Tue	6:30 PM	PT	Washington	Women's Meeting	Women's Meeting	https://us04web.zoom.us/j/8724828423	
Tue	7:00 PM	PST	Oregon	Sunlight of the Spirit	WOMEN'S MEETING	https://us04web.zoom.us/j/6661431439	
Tue	7:00 PM	CST	Wisconsin	Trudging Junkies		https://us04web.zoom.us/j/5227629475	803569
Tue	7:00 PM	EST	New York	Depth and Weight Group		https://zoom.us/j/4111404690	
Tue	7:30 PM	CST	Louisiana	Freedom Group	Speaker/Discussion Q & A	https://zoom.us/j/85924530593	
Tue	8:00 PM	CST	Wisconsin	God Shots		https://us04web.zoom.us/j/3308955186	Greenbayha
Tue	9:00 PM	CST	Texas	Dark Side of the Spoon		https://zoom.us/j/131264341	
Wed	6:00 PM	CST	Texas	A Way Out		https://us02web.zoom.us/j/2852639127	
Wed	7:00 PM	EST	New York	Recovery Rocks		https://zoom.us/j/602686511	
Wed	8:00 PM	EST	Indiana	Hope After Dope		https://us02web.zoom.us/j/85646366455	12345
Wed	8:00 PM	CST	Wisconsin	Spiritual Gangsters		https://us04web.zoom.us/j/3308955186	Greenbayha
Thu	6:00 PM	PST	Oregon	The Great Reality Group	Big Book Study	https://zoom.us/j/4611641935	Recovered
Thu	7:30 PM	EST	New York	Shot of Freedom		https://zoom.us/j/8309719580	wnydha
Thu	8:00 PM	CST	Wisconsin	Spiritual Gangsters		https://us04web.zoom.us/j/3308955186	Greenbayha
Fri	7:00 PM	AZ	Arizona	Broken Chains		https://zoom.us/j/9088170788	break it
Fri	7:15 PM	EST	New York	KPC Hauppauge		https://zoom.us/j/4441387459	
Fri	8:00 PM	AZ	Arizona	Toot It and Boot It	Women's Meeting: Speaker/Discussion	https://zoom.us/j/2062366675	508344

Fri	9:00 PM	CST	Texas	Dark side of the Spoon		https://zoom.us/j/774220692	
Sat	12:00 PM	EST	Georgia	High Noon		https://zoom.us/j/5818133161	ATLHA
Sat	12:00 PM	EST	Georgia	Breaking Point		https://zoom.us/j/8492169290	
Sat	8:00 PM	MST	Colorado	Heroines	Women's Meeting	https://zoom.us/j/5294931286	12steps
Sat	8:00 PM	CST	Wisconsin	God Shots		https://us04web.zoom.us/j/3308955186	Greenbayha

In service and gratitude,

The HA World Services Outreach Coordinator

Updated February 2022